



PRICE: \$19.95 CA | \$17.95 US  
 VOLUME: 150 g (5.3 oz)

#### FLAVOUR PROFILE

Tangy but neutral base, perfect for use with dip and aioli mixes.

#### FEATURES & BENEFITS

Make your own egg-free mayo at home with pantry staples.

Dense, creamy texture and mild flavour you love about traditional mayo.

**TIP:** For best results, choose a neutral, light-flavoured oil in the recipe, such as canola, grapeseed, light olive oil or blended (a mix of olive and vegetable oils)

Scoop included in package: equivalent to 1 tbsp or 3 tsp

Innovative blend of sustainable ingredients: linseed flour comes from flax seed and carrot fibre from baby carrot production. No added stabilizers, preservatives or gums.

Each pouch makes 10 cups.

Prepared mayo keeps 2 weeks in the fridge.

Allergen friendly: no gluten, egg, dairy, soy, mustard, or coconut. No artificial colours or flavours. Vegan blend. Low sodium.

#### LABEL DIRECTIONS

Makes about 1 cup.

**ELECTRIC MIXER:** In a bowl, combine 2 scoops mix with ½ cup water. Mix on high until emulsified, 30-60 sec. While mixing, slowly blend in ¾ cup oil. Reduce speed and add 1 tbsp white or apple cider vinegar. Mix for 30 sec or until thick and creamy. Do not overmix.

**IMMERSION BLENDER:** In a 2-cup measuring cup, combine mix with water. Slowly blend in oil, then vinegar until thick and creamy.

#### INGREDIENTS LIST\*

Carrot, linseed flour, organic cane sugar, sea salt.

#### ALLERGENS AND SENSITIVITIES:

None.

\*Ingredient list is in alphabetical order for proprietary reasons.

#### RECIPE IDEAS

- Use 1:1 as a replacement for mayo in dip and aioli recipes.
- Make egg, tuna, or chickpea salad sandwich filling.
- Great on grilled cheese.

#### KITCHEN HACK

Prepare using- an electric hand mixer or immersion blender ( volume will vary slightly).

Add more liquid for a thinner texture, if desired.

#### TASTING TIP

Prepare **Roasted Garlic** or **Chipotle Aioli** in **Prep Bowls**. Serve with fresh sliced veggies or crackers.

#### COMPANION PRODUCTS

Check [epicure.com](http://epicure.com) for current availability.

#### FOOD & BEVERAGES:

- **Roasted Garlic Aioli Mix**
- **Chipotle Aioli Mix**
- **Crispy & Crunchy Coating Mix**
- **CCB, Lemon Dilly, or 3 Onion Dip Mixes**
- **Extraordinary Trio**

#### COOKWARE:

- **Prep Bowls**
- **Prep Pro Silicone Knife**
- **4-in-1 Spice Spoon**

\*US Nutritional Facts Table may vary due to FDA regulations. Find US Nutritional Facts Tables at [epicure.com](http://epicure.com).

Nutrition Facts		Valeur nutritive	
Per 1/8 scoop dry mix (0.9 g) / Par 1/8 de mesure du mélange (0,9 g)			
About 1 tbsp prepared / Environ 1 c. à table préparé			
	Dry Mix†	Prepared‡	
	Mélange†	Préparé‡	
<b>Calories</b>	<b>3</b>	<b>90</b>	
	% Daily Value* / % valeur quotidienne*		
<b>Fat / Lipides</b> 0 g†	<b>0 %</b>	<b>13 %</b>	
Saturated / saturés 0 g			
+ Trans / trans 0 g	<b>0 %</b>	<b>3 %</b>	
<b>Carbohydrate / Glucides</b> 0 g			
Fibre / Fibres 0 g	<b>0 %</b>	<b>0 %</b>	
Sugars / Sucres 0 g	<b>0 %</b>	<b>0 %</b>	
<b>Protein / Protéines</b> 0.2 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 60 mg	<b>3 %</b>	<b>3 %</b>	
Potassium 0 mg	0 %	0 %	
Calcium 0 mg	0 %	0 %	
Iron / Fer 0 mg	0 %	0 %	
†Amount in dry mix / Teneur dans le mélange.			
‡Prepared adds 90 Calories, 10 g Fat (0.5 g Saturated), 5 mg Sodium. / †La recette préparée ajoute 90 Calories, 10 g Lipides (0,5 g saturés), 5 mg Sodium.			
*5% or less is a little, 15% or more is a lot			
*5% ou moins c'est peu, 15% ou plus c'est beaucoup			