



PRICE: \$11.50 CA | \$10.50 US  
 VOLUME: 43 g (1.5 oz)

**FLAVOUR PROFILE**

A creamy, classic comforting soup with a bit of heat.

**FEATURES & BENEFITS**

No artificial colours or flavours.

Made with premium ingredients like fire-roasted onions and Hatch chile pepper.

Blend is vegan; customize and make dairy-free and vegan.

Seasoning includes mushroom pieces.

**LABEL DIRECTIONS**

Makes 4 servings (about 4 cups).

In a large bowl, combine seasoning with 3½ cups milk or non-dairy milk; set aside. In a wok, heat 2 tbsp butter or olive oil over medium-high heat. Add 3 cups sliced mushrooms; sauté until lightly browned, 5 min. Add reserved seasoning mixture; bring to a boil, stirring often. Simmer until thickened, 1–2 min.

**INGREDIENTS LIST\***

Black pepper, corn starch, fire-roasted onions, Hatch chile pepper, inactive nutritional yeast, mushrooms, mustard, organic tamari powder (organic soybeans, salt, organic maltodextrin) roasted garlic, sage, sea salt, tarragon, thyme.

**Allergens and sensitivities:**

Mustard, soy, garlic, onion.

\*Ingredient list is in alphabetical order for proprietary reasons.

**WE KEEP IT SIMPLE: CLEAN INGREDIENTS, ALWAYS.**

- Free of preservatives and artificial colors.
- 100% gluten-free and nut-free.
- Sodium and sugar conscious.
- Made from ethically sourced ingredients.
- 90% Non-GMO Project Verified.

**RECIPE IDEAS**

- Make a skillet meal: cook the soup down to make a sauce and combine with pasta and protein of choice.
- Use prepared soup to make a broccoli, chicken & cheese casserole.
- Add seasoning to mac & cheese or alfredo pasta for an earthy, mushroom flavour.

**KITCHEN HACK**

For added flavour and upscale entertaining, deglaze pan with ½ cup white wine, after cooking mushrooms. Swap out some milk for cream.

**TASTING TIP**

Prepare soup as a main course for a Cooking Class.

**COMPANION PRODUCTS**

Check [epicure.com](http://epicure.com) for current availability.

**FOOD & BEVERAGES:**

- **Herbed Garlic & Sea Salt**
- **Souper Supper Collection**
- **SPG**

**COOKWARE:**

- **Non-Slip Cutting Board**
- **Prep Pro Utensil Set**
- **Round Steamer**
- **Wok & Glass Lid**

\*US Nutritional Facts Table may vary due to FDA regulations. Find US Nutritional Facts Tables at [epicure.com](http://epicure.com).

Nutrition Facts Valeur nutritive		
Per 1/4 package dry mix (11 g) / Par 1/4 du sachet de mélange (11 g)		
About 1 cup prepared / Environ 1 tasse préparée		
	Dry Mix* Mélange*	Prepared* Préparé*
<b>Calories</b>	<b>35</b>	<b>210</b>
% Daily Value* / % valeur quotidienne*		
<b>Fat / Lipides 0.2 g<sup>1</sup></b>	<b>1 %</b>	<b>13 %</b>
Saturated / saturés 0 g		
Trans / trans 0 g	<b>0 %</b>	<b>30 %</b>
<b>Carbohydrate / Glucides 7 g</b>		
Fibre / Fibres 1 g	<b>4 %</b>	<b>4 %</b>
Sugars / Sucres 0 g	<b>0 %</b>	<b>1 %</b>
<b>Protein / Protéines 2 g</b>		
<b>Cholesterol / Cholestérol 0 mg</b>		
<b>Sodium 190 mg</b>	<b>8 %</b>	<b>15 %</b>
Potassium 175 mg	<b>4 %</b>	<b>16 %</b>
Calcium 10 mg	<b>1 %</b>	<b>23 %</b>
Iron / Fer 0.3 mg	<b>2 %</b>	<b>4 %</b>

\* Amount in dry mix / Teneur dans le mélange.  
<sup>1</sup> Prepared adds 180 Calories, 10 g Fat (6 g Saturated, 0.3 g Trans), 12 g Carbohydrate (1 g Sugars), 8 g Protein, 30 mg Cholesterol, 150 mg Sodium. / La recette préparée ajoute 180 Calories, 10 g Lipides (6 g saturés, 0.3 g trans), 12 g Glucides (1 g Sucres), 8 g Protéines, 30 mg Cholestérol, 150 mg Sodium.  
 \*5 % or less is a little. 15 % or more is a lot  
 \*5 % ou moins, c'est peu. 15 % ou plus, c'est beaucoup